

FIB-4 Limits and Comments

Patient Age	FIB-4 Score	Referrer	Comment
≤ 35 years	All	All	The FIB-4 score is unreliable in patients ≤ 35 years, please interpret with caution. Consider an alternative fibrosis assessment.
36 - < 65 years	< 1.3	All	Low probability of significant liver fibrosis. Suggest repeat FIB-4 testing in 2 - 3 years unless clinical circumstances change.
	≥ 1.3	GP	The FIB-4 score does not exclude significant liver fibrosis. Referral for Fibroscan is recommended, if not performed in the last 5 years, to determine the degree of fibrosis. https://www.hepatitisfoundation.org.nz/fibroscans/
	≥ 1.3	Hospital/ Specialist	The FIB-4 score does not exclude significant liver fibrosis. Patient may require a Fibroscan and/or referral to a Hepatologist to determine the degree of fibrosis, or for further preoperative assessment. https://www.hepatitisfoundation.org.nz/fibroscans/
≥ 65 years	< 2.0	All	Low probability of significant liver fibrosis. Suggest repeat FIB-4 testing in 2 - 3 years unless clinical circumstances change.
	≥ 2.0	GP	The FIB-4 score does not exclude significant liver fibrosis. Referral for Fibroscan is recommended, if not performed in the last 5 years, to determine the degree of fibrosis. https://www.hepatitisfoundation.org.nz/fibroscans/
	≥ 2.0	Hospital/ Specialist	The FIB-4 score does not exclude significant liver fibrosis. Patient may require a Fibroscan and/or referral to a Hepatologist to determine the degree of fibrosis, or for further preoperative assessment. https://www.hepatitisfoundation.org.nz/fibroscans/